

The International Baccalaureate and The Duke of Edinburgh's International Award USA

Both programs recognize that a balanced education includes learning inside and outside the classroom. The Award provides the ideal structure to support key aspects of an IB program with the additional credential of the internationally recognized Duke of Edinburgh's International Award, available in over 130 countries and territories.

The IB Learner Profile shows the desired outcomes of the IB and how The Duke of Edinburgh's International Award can support and enhance it:

IB Learner Profile		How Award USA Can Help
Inquirers	They develop their natural curiosity, have the skills to conduct research and actively enjoy learning.	Young people choose their own activities and goals, according to their own interests.
Knowledgeable	They explore a broad range of concepts, ideas and issues that have local and global significance.	Participants have to choose a broad range of activities that they are going to enjoy.
Thinkers	They exercise initiative and make reasoned, ethical decisions.	78% of Gold Award holders say that doing the Award helped them to make decisions.
Communicators	They express information creatively and work effectively in collaboration with others.	79% of Gold Award holders learned to work better as a team leader.
Principled	They act with integrity and honesty, with a strong sense of justice.	By volunteering, young people learn that they have a responsibility to their community.
Open-minded	They evaluate a range of points of view and are willing to grow from the experience.	83% of Gold Award holders say that they learned to work with different types of people.
Caring	They have a personal commitment to service and show compassion towards the needs of others.	The Voluntary Service Section inspires young people to develop compassion and make a difference.
Risk-takers	They approach unfamiliar situations with courage and are articulate in defending their beliefs.	85% of Gold Award holders believe that doing the Award improved their confidence.
Balanced	They understand the importance of intellectual, physical and emotional balance to well-being.	Balanced Award programs develop the whole person through social interaction and teamwork.
Reflective	They are able to assess and understand their strengths and limitations.	Participants set goals, reflect in log entries, and assess progress.



“Doing my Award has helped me to interact and connect with a huge mix of people of all ages. It was a definite confidence booster!”

Prashan, Award Participant

About the Award

Anyone between the ages of 14 and 24 can do the Award program at one of three progressive levels. There are four sections at the Bronze and Silver level and five at the Gold level. Assisted by an Award Leader, participants set personal objectives in each of the following sections:

- Voluntary Service
- Physical Recreation
- Skills
- Adventurous Journey
- Gold Project (Gold only)

Each section must be done for a minimum period of time between three and 18 months and are monitored for goal progress.

About the IB

The IB Diploma is a two-year program of study for young people aged 16 to 19.

There are six separate subject groups:

- Studies in language and literature
- Language acquisition
- Individuals and societies
- **Sciences**
- Mathematics
- The arts

There are also three compulsory core requirements: an extended essay; Theory of Knowledge; and 'Creativity, Activity, Service' (CAS).

The Creativity, Activity, Service (CAS) Program and The Duke of Edinburgh's International Award

The Award program fits closely with the CAS program. Both programs promote individual challenge in areas such as physical activities, skills, and community service.

The table below shows how the CAS and The Duke of Edinburgh's International Award program complement each other:

Award Section	What it Means	CAS Program Section
Voluntary Service	Undertaking service to individuals or the community.	Service
Physical Recreation	Improving in an area of sport, dance or fitness activities.	Activity
Skills	Developing practical and social skills and personal interests.	Creativity
Adventurous Journey	Planning, training for and completing an expedition or exploration.	Activity
Gold Project	Staying and working away from home doing a shared activity.	Any section e.g. conservation = Service, music = Creativity.

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Doing More than the Minimum

Award activities can be done either in students' own personal time or as an option in supported/core time education.

In the CAS, pupils choose to do activities outside of their academic work which complements the Award. In fact, by setting Award activities and targets at the beginning of the year, young people can record their work in the Online Record Book. CAS hours will be easily reached in time, even if they still have some work to do to finish their Award.

International Transferability

Like the IB, The Duke of Edinburgh's International Award is recognized internationally. Many young people also use it as an opportunity to work with a group from another country.

Time

Although the time requirements of the programs differ, young people who do both their Bronze and Silver Award, or just their Gold Award, will do more than fulfill the CAS requirements.