



AJ ROUTE CARD (use one per day)

TEAM GOAL:										Name of Award Centre:				
Day of the week:		Date:		Day of AJ: (1 st , 2 nd etc.)		Names of team members:				Name of Award Group:				
Leg		PLACE WITH GRID REF		General direction or bearing		Distance in miles	Height climbed in feet	Time allowed for purposeful activity	Time allowed for resting, leisure, or recreation	Total time for leg	Estimated time of arrival	Setting out time:		
START Point:				(c)	(d)	(e)	(f)	(g)	(h)	(i)	Brief details of route to be followed or planned activity.			
				(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)
1														
2														
3														
4														
5														
6														
7														
8														
				Totals:									Supervisor's name, location and Tel No:	



EXAMPLE: AJ ROUTE CARD (use one per day)

TEAM GOAL: A study of the impact of people on the environment											
Day of the week: Sunday		Date: 05/05/2009	Day of AJ: (1 st , 2 nd , etc.) 1 st			Names of team members:			Name of Award Center: QueenSchool Name of Award Group: Tigers Address: 123 Stripe Lane Queens, NY 11234 Tel No: 619-224-1111 Email: queensschool@nyc.edu		
Leg	PLACE WITH GRID REF	General direction or bearing	Distance in miles	Height climbed in feet	Time allowed for purposeful activity (minutes)	Time allowed for resting, leisure, or recreation (min.)	Total time for leg	Estimated Time of Arrival	Setting out time: 0900	Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)	Escape/Notes
	START Hostel										
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	
1	TO SK 129 589 Footbridge	SW	1.8		54	5	59	0959	Along road to Footpath then south past Crossland Sides and Pennilow to Footbridge	Back to Hartington	
2	TO SK 126 576 Track	SW	1.7	60	56	5	1 01	1100	Cross river twice more at footbridges then follow contours until track at Narrowdale	Farm at Narrowdale	
3	TO SK 133 557 Lode Lane	S	2.5		1 15		1 15	1215	Continue southwards on track and footpaths until reach Lode Lane	Alstonfield	
4	TO SK 152 564 Path Junction	ENE	2.2	100	1 16	30	1 46	1401	Follow track then descend into valley and cross river, ascend other side and then get to path Junct	Alstonfield or A515	
5	TO SK 154 547 Green Lane	SE	2		60		60	1501	Cross onto Tissington Trail and then Cross A515 twice before taking footpath to Green Lane	A515	
6	TO SK 143 537 River Dove	SW	1.8	-160	54	10	1 04	1605	Follow path dn past the Nabs and start descending steeply into valley to River Dove	A515	
7	TO SK 145 518 Lovers Leap	S	2.2		1 06	5	1 09	1714	Follow river south past Tissington Spires to Lovers Leap	Campsite	
8	TO SK 146 509 Campsite	SW	1.6		48	5	53	1807	Follow path over stepping stones down to road and then to campsite		
			Totals:		8 07	60	9 07		Supervisor's name, location and Tel No:		