



**THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD**



USA

Adventurous Journey Examples During COVID

Urban Exploration

- **Award Level:** Gold
- **Aim:** Explore the city's culture and natural places in a safe way to better understand nature on a higher level, and also learn how to be more respectful of the environment and build leadership skills.
- **Example Activities:** Exploring wildlife and city culture by hiking, kayaking, biking, paddle boarding, etc.
- **Logistics:**
 - The Practice and Qualifying Journeys can be completed back-to-back, i.e. the first day/night is the Practice, and after reflection/adjustments, the following four days/three nights are the Qualifying.
 - Everyday, the team takes on a new activity. They can spend each night sleeping in their own separate homes and are only together outdoors, maintaining social distance and wearing masks when that is not possible.

Suburban Exploration

- **Award Level:** Silver
- **Aim:** Explore local ecosystems and nature trails, specifically locations that would normally be taken for granted and underutilized in our community.
- **Example Activities:** Hiking, biking, beach/tidepool exploration
- **Logistics:**
 - The Practice and Qualifying Journeys can be completed back-to-back, i.e. the first day/night is the Practice, and after reflection/adjustments, the remaining time is the Qualifying.
 - The team members can camp out in their backyards to simulate being in the wilderness. They are only together outdoors, maintaining social distance and wearing masks when that is not possible.

Peak Summiting and Nature Cleanup

- **Award Level:** Bronze
- **Aim:** To clean up the environment by picking up trash en route to summiting four 14,000 foot mountains.
- **Example Activities:** A shorter hike on the first day to the campsite. The second day, completed four 14,000 mountains in just under 6 hours and 30 minutes. Observed how Coloradans care for their environment and picked up trash along the route.
- **Logistics:**
 - Utilize the Bronze Practice Journey waiver.
 - The team can consist of a mix of Award participants and non-Award participants, with the parent of a non-Award participant serving as the Assessor. The group can establish a social bubble with one another prior to the trip.

Hiking in a State Park

- **Award Level:** Bronze
- **Aim:** Explore the flora and fauna of a local state park.
- **Activities:** Hiking, observing and taking note of flora and fauna native to the environment
- **Logistics:**
 - The Bronze Practice Journey can be waived.
 - If the participant has a small bubble with just family members, and tight restrictions in place in their community, they can complete their AJ with their family, doing two days of hiking and sleeping at home in between. They still must have an aim and meet the purposeful effort hours outlined in the Conditions of the AJ.

Historical Exploration of Local Heritage Sites

- **Award Level:** Bronze
- **Aim:** Visit historical landmarks along a nature trail in town.
- **Example Activities:** Hiking/walking, exploring different viewpoints and sites, visiting a public garden
- **Logistics:**
 - Utilize Bronze Practice Journey waiver
 - The team members can camp out in their backyards or find a local campsite. They are only together outdoors, maintaining social distance and wearing masks when that is not possible.

City Exploration

- **Award Level:** Gold
- **Aim:** To identify different cultures within a big city, what impacts them, what makes them special, and how Coronavirus has impacted the city overall.
- **Example Activities:** Explore a different neighborhood each day, interview individuals along the route (with proper process to request permission and remain socially distant), observe the types of buildings and businesses in the different neighborhoods, and whether or not they are open or closed during Covid
- **Logistics:**
 - Utilize the first day and night of the journey as the Practice Journey
 - Participants may stay in their own homes at night if they live in the city they are set to explore, or in other basic accommodations.
 - At the Gold level, participants may request special permission from their Award Leader to undertake a “significant” AJ, which goes above and beyond typical AJ requirements. If a city exploration fits this description, they may be able to do this AJ as a solo journey.