

ACTIVITY PLAN

| Leg/ Activity | Task | Activity details |
|------------------|------|------------------|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |
| 8 | | |

Route Card – notes on completion

EXAMPLE: ACTIVITY PLAN

| Leg/ Activity | Task | Activity details |
|------------------|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| 1 | Observing Impact whilst walking | Look to see if footpath is more eroded closer to the village and the youth hostel, is there more litter. |
| 2 | Observing Impact whilst walking | Check the condition of the footbridges, how many people do we see during our break. |
| 3 | Observing Impact whilst walking | Check again to see if more litter and erosion nearer to the village. |
| 4 | Whilst we are having lunch | See how many people are walking on the footpaths, are they in groups, do they have dogs. |
| 5 | Observing Impact whilst walking | Check for litter and impact of car parking at picnic site. |
| 6 | Observing Impact whilst walking | See if impact becomes worse nearer the river. |
| 7 | Observing Impact whilst walking | Have footpaths had to be laid near the river, are there more people around, is there more litter, does it have to be managed. |
| 8 | Observing Impact whilst walking | What impact do the stepping stones have? |

Route Card – notes on completion

- For each leg involving journeying only enter route details in columns (b) to (k).
- When non-journeying activity (exploring) is planned at the break between legs, leave columns (c) to (f) blank, enter the estimated time required to complete the activity in column (g), complete columns (h) to (i), and enter brief details of the activity in column (j).
- If exploring is to be carried out during a leg, enter the route details in column (b) to (f), add the time planned for the activity to the rest and meal times in column (g), and complete columns (h) to (k). Enter brief details of the activity after the route description in column (j)
- The journeying total in column (f) must be at least half the minimum required hours of planned activity.